

# Craniofacial parameters during growth from the deciduous to permanent dentition—a longitudinal study

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**SUMMARY** Data on the dynamics of craniofacial growth, obtained by simple non-invasive measurements, are scarce in comparison with those collected by cephalometric methods.

The aim of this study was to measure a number of craniofacial parameters, and to evaluate their changes during transition from the deciduous to the permanent dentition. A sample of 61 subjects (32 boys and 29 girls) were followed longitudinally by annual examination from an initial mean age of 4.7 years to a final mean age of 11.8 years. Conventional anthropometric instruments were employed to measure six craniofacial variables: G–Op, Eu–Eu, Zy–Zy, Go–Go, N–Gn and N–Pr. The data were analysed using basic summary statistics and a longitudinal regression model.

A difference between males and females was found for all variables during the study period. During the transition from deciduous to mixed dentition (4.7–7.5 years), the cranial breadth and length (Eu–Eu and G–Op) decreased followed by an increase during the mixed dentition. All other parameters showed a continuous increase, which was highest for the variables defining facial height.

## Introduction

The dynamics of growth and development of the craniofacial complex are difficult to evaluate due to interactions between function and shape, suggesting that postnatal growth does not follow a uniform line, but rather an irregular progression dependent on time and magnitude of change.

Approximately two-thirds of orthodontic anomalies are caused by improper growth and development in the period of the deciduous and mixed dentition. Baseline data concerning the fundamental trends and dynamics of craniofacial change are of the utmost importance for correct diagnosis and treatment planning.

In comparison with data available from cephalometric studies (e.g. Savara and Singh, 1968; Broadbent *et al.*, 1975; Woodside and Linder-Aronson, 1979; Bishara, 1981; Sinclair and Little, 1985; Lundström *et al.*, 1987; Anderson and Popovich, 1989; Nanda *et al.*, 1990; Foley and Mamandras, 1992), only a few reports have been published regarding non-invasive measurement of the craniofacial

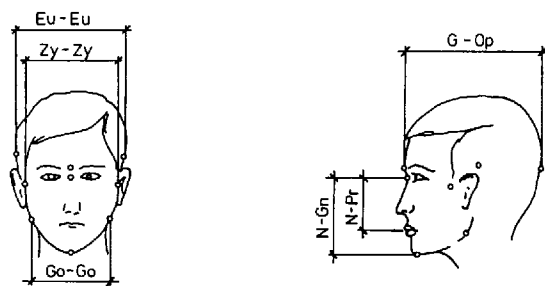
complex (Farkas *et al.*, 1988; Legović *et al.*, 1991; Muretić *et al.*, 1992).

The aim of this study was to investigate, using a longitudinal method, the growth of the craniofacial region by measuring a number of basic craniofacial parameters during the transition from the deciduous and mixed to the permanent dentition.

## Subjects and methods

The sample consisted of 61 subjects, 32 boys and 29 girls, mean age 4.7 years (decimal age) at initial examination and 11.8 years at the end of the study. The subjects were followed from the complete deciduous dentition, on an annual basis, to the completion of the permanent dentition, a total of six examinations.

Six craniofacial variables (Figure 1) defined by the anthropometric points of glabella, opisthocranium, euryon, zygion, gonion, nasion and prosthion were determined: head length (G–Op), head breadth (Eu–Eu), upper face width (Zy–Zy), lower face width (Go–Go), total face height (N–Gn) and upper face height (N–Pr).



**Figure 1** Lateral and frontal view of the head showing anthropometric points and measurement.

All variables were measured and recorded, by the same examiner, in all study subjects, with the exception of the upper height and lower face width at the initial examination. At each examination, cephalic (CI) and facial (FI) indices were calculated ( $CI = Eu-Eu \times 100/G-Op$ ;  $FI = Zy-Zy \times 100/N-Gn$ ; Martin and Saller, 1957; Salzmann, 1966) from the above-mentioned original variables.

Measurements were performed using a sliding gauge and an anthropologic cephalometer with a measuring diameter of 0–300 mm and accuracy of 0.5 mm.

Statistical analysis was performed using basic statistical parameters (mean =  $\bar{x}$ , standard deviation = SD) and a Student's *t*-test with an SPSS program. The coefficient of variability (CV) was applied to determine differences in variability of parameters within the sample population (Petz, 1970). For forecasting the value of any particular variable on the basis of age, a longitudinal regression model was used (Goldstein, 1986; Buschang *et al.*, 1989; Hoeksma and van der Beek, 1991).

## Results

The results are shown in Tables 1–4 and Figures 2–8.

Throughout the study period, male subjects had larger values than females (Tables 1 and 2, and Figures 2–7). The differences in the mean values obtained were not statistically significant except for: upper face width (Zy–Zy) in the period of the deciduous dentition; lower face width (Go–Go) at the third and fourth

examinations, and at the time of completion of the permanent dentition (sixth examination); upper width (Zy–Zy), and both face heights (N–Gn and N–Pr) at the sixth examination.

### Head breadth

The head breadth (Eu–Eu) decreased in 70.5 per cent of the subjects (1.59 mm; 1.12 per cent) between the first and second examination, with slight differences between the males and females (Tables 1 and 3; Figure 2). After the second examination, head breadth showed a steady and continuous increase until the fourth examination, this being more marked in females than males. In females, the growth was most significant in the period between the age of 10.7 and 11.8. In males, the initial value was exceeded at the age of 10.7, and in females at the end of the study period. When the changes were analysed throughout the study period, they were found to be very small. The difference between the means at the first and sixth examination was only 0.75 mm (0.53 per cent).

### Head length

A decrease in head length (G–Op) was found in the transition from the deciduous to the initial stage of mixed dentition for 75.41 per cent of the sample. The difference between the means at the first and second examination was only 0.15 per cent (Tables 1 and 3; Figure 3). Between the second and third examination, the head length remained static. This was followed by a more intensive increase (especially in females), so that for females the original value measured was achieved between the third and fourth examination, and in males between the fourth and fifth examination. The total change in this dimension throughout the study period was small (176.02–178.91 mm), with a recorded increase of only 2.89 mm (1.62 per cent). If the changes that occurred from the beginning to the end of the mixed dentition are considered, the average increase was 4.63 mm (2.59 per cent).

### Facial width

The upper face width (Zy–Zy) showed a continuous increase throughout the study period, with statistically significant differences in means for older children, especially for females (Table 1; Figure 4). The total difference between

**Table 1** Means and standard deviations of the variables investigated, in total and according to sex, in the six defined periods of observation.

		<i>n</i>	Eu–Eu	G–Op	Zy–Zy	Go–Go	N–Gn	N–Pr
1	Σ	61	141.69	176.02	111.80		86.46	
			5.78	8.60	4.83		4.07	
	M	32	143.84	179.44	112.47		88.13	
			6.03	8.47	5.30		4.18	
	F	29	139.31	172.24	111.07		84.62	
			4.47	7.14	4.21		3.08	
2	Σ	61	140.10	174.28	113.30	87.26	88.05	57.00
			5.71	8.09	4.85	3.87	4.61	3.23
	M	32	142.50	177.41	114.75	88.44	89.97	58.27
			5.70	7.49	5.27	3.76	4.71	3.31
	F	29	137.45	170.83	111.69	85.97	85.93	55.60
			4.48	7.39	3.82	3.63	3.47	2.52
3	Σ	61	140.31	174.33	114.79	87.57	88.67	57.84
			6.07	7.92	4.80	3.89	4.36	3.83
	M	32	142.66	177.41	116.34	88.47	90.38	59.14
			6.57	7.44	5.18	3.80	4.56	4.27
	F	29	137.72	170.93	113.07	86.59	86.79	56.430
			4.24	7.11	3.73	3.81	3.28	
4	Σ	61	140.74	176.23	116.30	89.11	91.31	59.26
			5.52	8.14	4.98	4.76	4.56	3.87
	M	32	143.06	179.19	118.00	90.09	92.59	60.31
			5.74	7.85	5.53	4.34	4.79	4.38
	F	29	138.17	172.97	114.41	88.03	89.90	58.10
			3.97	7.27	3.50	5.05	3.90	2.85
5	Σ	61	141.30	177.61	118.67	90.79	93.66	61.21
			5.66	8.10	5.05	4.55	5.00	4.13
	M	32	143.94	180.72	120.41	92.03	95.03	62.41
			5.65	7.96	5.44	4.45	5.54	4.69
	F	29	138.38	174.17	116.76	89.41	92.14	59.90
			4.08	6.86	3.84	4.31	3.89	2.96
6	Σ	55	142.44	178.91	120.56	92.49	95.04	61.75
			5.64	7.84	4.85	4.48	5.54	3.78
	M	29	144.41	182.28	121.31	93.28	96.34	62.64
			5.65	8.13	5.46	4.64	6.31	4.38
	F	26	140.23	175.15	119.73	91.62	93.58	60.77
			4.83	5.58	4.00	4.21	4.28	2.74

Values are means, with standard deviations given below.

mean values at the beginning and at the end of the period was 8.76 mm (7.27 per cent)—slightly greater in males than in females ( $P \leq 0.01$ ). The difference between males and females was statistically significant in study periods 2, 3, 4 and 5 (Table 2).

In comparison with the upper face width,

lower face width (Go–Go) showed a smaller increase which was statistically significant ( $P \leq 0.05$ ) (Tables 1 and 3; Figure 5). From the beginning of the period of the mixed dentition to the last examination at the time of permanent dentition, the increase in face width was 5.23 mm (5.65 per cent), and was more pronounced in

**Table 2** Differences in means according to sex and their significance.

	Eu-Eu	G-Op	Zy-Zy	Go-Go	N-Gn	N-Pr
1	4.53 3.36**	7.20 3.60**	1.40 1.17		3.51 3.77**	
2	5.05 3.85**	6.58 3.44**	3.06 2.62**	2.47 2.63**	4.04 3.88**	2.67 3.87**
3	4.94 3.53**	6.48 3.48**	3.27 2.84**	1.88 1.93	3.59 3.59**	2.74 3.01**
4	4.89 3.91**	6.22 3.21**	3.59 3.07**	2.06 1.70	2.69 2.42	2.21 2.35*
5	5.56 4.45**	6.55 3.45**	3.65 3.04**	2.62 2.34*	2.89 2.37*	2.51 2.54*
6	4.18 2.96**	7.13 3.81**	1.58 1.23	1.66 1.39	2.76 1.93	1.87 1.93

Values represent  $\bar{x}_M - \bar{x}_F$ , with *t*-values given below.

**Table 3** Absolute and relative differences in means of the variables between examinations.

	Eu-Eu	G-Op	Zy-Zy	Go-Go	N-Gn	N-Pr
1-2 %	1.12	0.99	1.34		1.83	
Σ	-1.59	-1.74	1.50		1.59*	
M	-1.34	-2.03	2.28		1.84	
F	-1.86	-1.41	0.62		1.31	
2-3 %	0.15	0.03	1.30	0.35	0.70	1.45
Σ	0.21	0.05	1.49	0.31	0.62	0.84
M	0.16	0.00	1.59	0.03	0.41	0.87
F	0.27	0.10	1.38	0.62	0.86	0.80
3-4 %	0.31	1.08	1.30	1.73	2.89	2.40
Σ	0.43	1.90	1.51	1.54	2.64**	1.42*
M	0.40	1.78	1.66	1.62	2.21	1.17
F	0.45	2.04	1.34	1.44	3.11**	1.70*
4-5 %	0.40	0.78	2.00	1.85	2.51	3.19
Σ	0.56	1.38	2.37**	1.68*	2.35**	1.95**
M	0.88	1.53	2.41	1.94	2.44	2.10
F	0.21	1.20	2.35	1.38	2.34	1.80*
5-6 %	0.99	0.73	1.57	1.84	1.45	0.87
Σ	1.14	1.30	1.89*	1.70*	1.38	0.54
M	0.47	1.56	0.90	1.25	1.31	0.23
F	1.85	0.98	2.97**	2.21	1.44	0.87

**Table 4** Means and standard deviations of cephalic and facial indices, in total and according to sex, in the six defined periods of observation.

		CI	FI
1	Σ	80.70 5.30	77.43 4.25
	M	80.40 6.06	78.47 4.38
	F	81.02 4.38	76.29 3.85
2	Σ	80.56 4.95	77.80 4.35
	M	80.51 5.52	78.52 4.84
	F	80.60 4.33	77.00 3.66
3	Σ	80.65 5.04	77.34 4.19
	M	80.60 5.86	77.79 4.56
	F	80.70 4.06	76.84 3.75
4	Σ	80.03 4.80	78.60 4.09
	M	80.03 5.42	78.57 4.48
	F	80.02 4.10	78.62 3.70
5	Σ	79.71 4.64	79.0 4.63
	M	79.83 5.23	79.04 5.14
	F	79.83 3.99	79.04 4.07
6	Σ	79.75 4.49	78.91 4.89
	M	79.41 5.18	79.53 5.74
	F	80.13 3.63	78.21 3.72

Values are means, with the standard deviations given below.

girls, where a more intensive increase was again observed at the last examination.

#### Face heights

The face heights showed the greatest relative increase in the defined period of observation

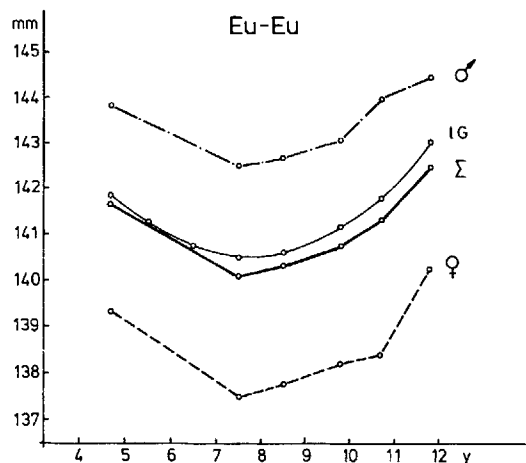


Figure 2 Means of Eu-Eu variable during growth (IG—means assessed according to Goldstein longitudinal analysis).

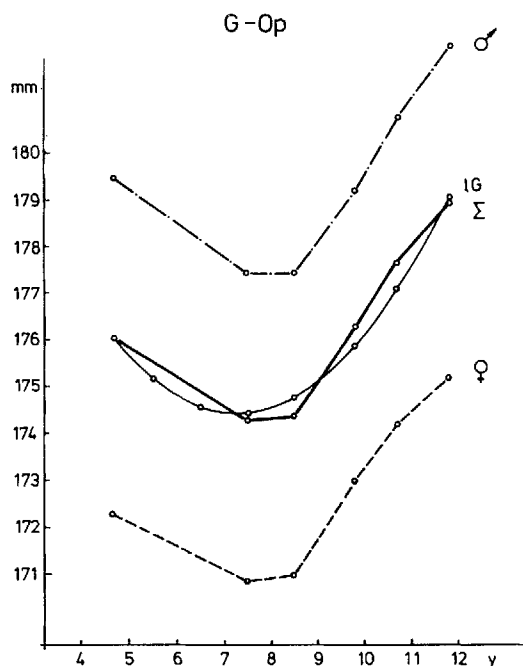


Figure 3 Means of G-Op variable during growth (IG—means assessed according to Goldstein longitudinal analysis).

(Table 1; Figures 6 and 7). Total face height (N-Gn) showed a statistically significant ( $P \leq 0.01$ ) increase of 8.5 mm (9.03 per cent). The difference was more pronounced in females. Statistically significant differences were also

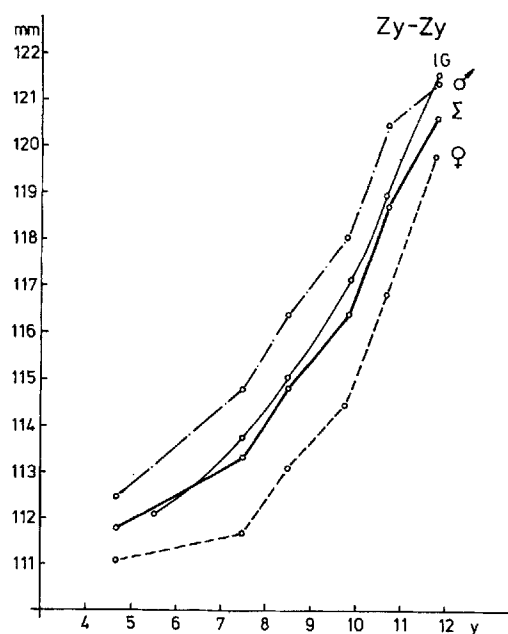


Figure 4 Means of Zy-Zy variable during growth (IG—means assessed according to Goldstein longitudinal analysis).

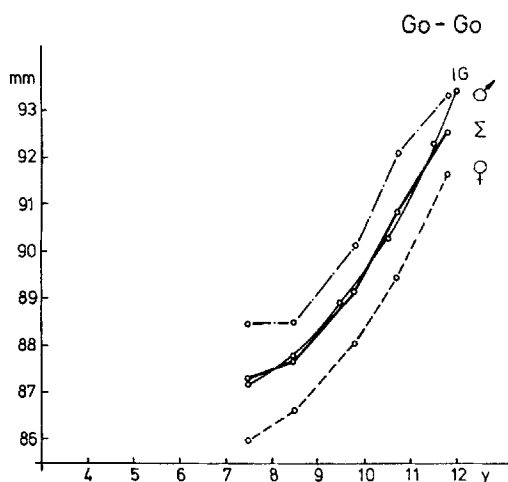


Figure 5 Means of Go-Go variable during growth (IG—means assessed according to Goldstein longitudinal analysis).

noted between the first and second, third and fourth, and fourth and fifth examinations. Males showed facial length measurements that were higher than females ( $P \leq 0.01$ ), although the

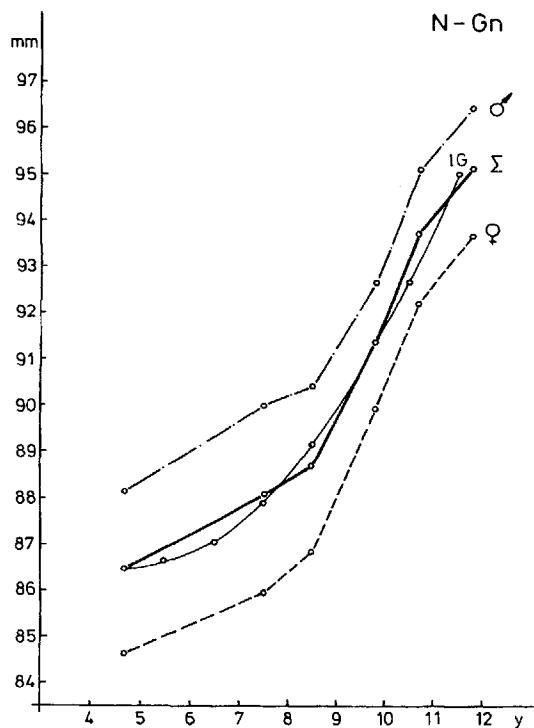


Figure 6 Means of N-Gn variable during growth (1 G—means assessed according to Goldstein longitudinal analysis).

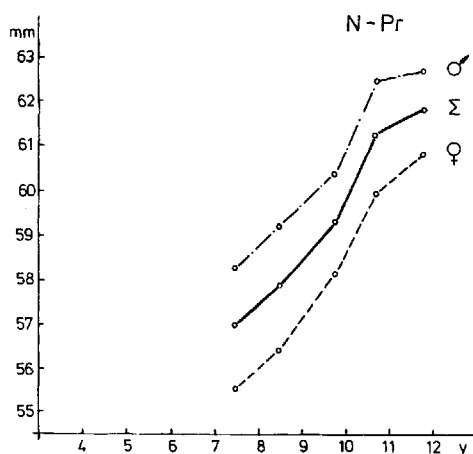


Figure 7 Means of N-Pr variable during growth.

females showed a more marked increase of the mentioned parameter (Tables 2 and 3).

The upper face height exhibited a marked

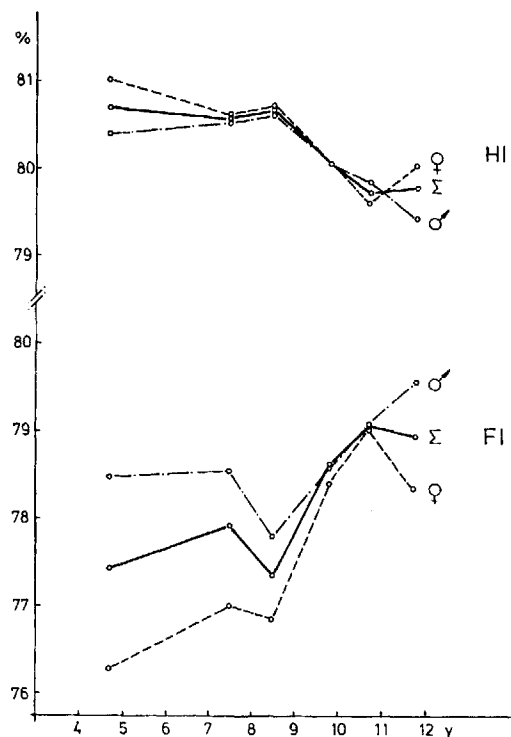


Figure 8 Means of cephalic (CI) and facial (FI) indices during growth.

increase. During the mixed dentition, it was 4.75 mm (7.69 per cent), and was more pronounced in females. The difference between males and females was statistically significant at all examinations with the exception of the final stage.

The analysis of variability for the whole sample showed lower coefficients in girls than in boys. The lowest coefficients of variability were obtained for head breadth (Eu-Eu = 2.87–4.61 per cent), and were highest for upper face height (N-Pr = 4.51–7.51 per cent). For the upper face width (Zy-Zy), a decrease in variability with age was observed, whereas an opposite finding was obtained for face height (N-Gn).

#### Craniofacial indices

Analysis of cephalic indices pointed to mesocephaly in both sexes (Table 4; Figure 8). A difference between males and females was observed in the period of the deciduous dentition and at the completion of the permanent dentition,

as girls showed a larger head breadth. In the last period studied, the increase in head width in females led to an abrupt increase in the cephalic index, whereas in males its value continued to decline.

The mean values for the facial index indicated euryprosopy (in some examinations even hypereuryprosopy). Sexual dichotomy was also observed.

A significant variability of cephalic and, to a lesser extent, of facial indices was recorded.

The longitudinal regression analysis showed significant regression coefficients (as assessed on the basis of individual growth curves) at a confidence level of 5 per cent, with the exception of the variables exhibiting high variability, i.e. cephalic and facial indices (CI, FI) and upper face height (N-Pr). The growth curves obtained on the basis of the results (I G; Figures 2-6) were found to correspond well with the curves obtained on the basis of the mean values recorded on each examination. According to interpretation of regression coefficients (Goldstein, 1986), correlations between coefficients showed that a higher initial value of certain dimensions implied slower growth.

## Discussion

The methods employed in this study are seldom used today, so that comparisons of our results with those using different methodologies (cross-sectional, longitudinal or radiographic) are not available. Thus, our conclusions should be interpreted with some reservations.

Many authors (Horowitz and Hixon, 1966; Jones and Meredith, 1966; Singh *et al.*, 1967; Ingerslev and Solow, 1975; Chang, 1988; Farkas *et al.*, 1992) have recorded quantitative differences between males and females for a number of craniofacial measurements. In contrast Athanasiou *et al.* (1992) reported a lack of sexual differences for cephalometric variables. It has been stated that sexual dimorphism is mainly an expression of secondary sexual characteristics that occurs after puberty and during adolescent years, and that differences on transverse dimensions are limited to zygomatic

prominences, mastoid processes and external mandibular angle (Broadbent *et al.*, 1975).

The most marked growth in males was observed in the period between the age of 9.8 and 10.7 years, for all variables, while in females the head length and face heights showed a marked increase in the period 8.5-10.7 years, probably due to beginning of the prepubertal growth spurt (Marshall and Tanner, 1970; Prebeg, 1975).

The decrease in head dimensions (Eu-Eu, G-Op) between first and second examinations, recorded in this study, is not in agreement with the findings previously reported (Gaži-Čoklica, 1977, 1984). However, considering that a cross-sectional method was used in the previous studies, and that the changes found in this study were small, it appears that the cross-sectional method could 'mask' the difference.

The upper face width (Zy-Zy) and lower face width (Go-Go) were different for males and females at the final examination. This could be attributed to a considerable increase of this measurement in girls in the period between 10.7 and 11.8 years, which was not seen in boys. A similar finding was recorded in cephalic width (Eu-Eu).

The face heights (N-Gn and N-Pr) showed the highest coefficients of variability, in agreement with other studies (Woodside and Linder-Aronson, 1979; Foley and Mamandras, 1992).

The findings of this study are consistent with those reported previously (Gaži-Čoklica, 1977, 1984; Gaži-Čoklica *et al.*, 1989, 1990, 1991; Farkas *et al.*, 1992). Higher cephalic index values in adult females of the same population were also recorded by Muretić *et al.* (1992).

In the younger age groups, faces were narrower and longer in boys. A decrease in facial index, i.e. face widening, between 7.5 and 8.5 years, was recorded in both sexes, but was more marked in males. This was probably due to early intensive growth of upper face width than of face height. With time, the face narrowed in both males and females (more marked in females), so that the difference gradually diminished and almost disappeared at the age of 9.8-10.7 years. In the last period examined, the difference recurred because of a marked decline in the facial index in



girls, whereas it continued to rise in boys, probably due to a more intensive peripubertal growth of upper face width in females, and face height in males. A finding of euryprosopy in boys and girls, and a higher value of facial indices in females, has been reported by Muretić *et al.* (1992).

## Conclusions

The results of the study suggest the following conclusions.

1. A difference between males and females was observed for all variables throughout the study; males had statistically significantly larger values than females.
2. On transition from deciduous to mixed dentition, the dimensions of head breadth and head length showed a slight decrease in 70–75 per cent of cases, whereas in the period of the mixed dentition an increase in these dimensions was recorded.
3. All facial parameters showed a continuous increase with time which was statistically significant at the 1 per cent level.
4. Variability was greater in boys than in girls; it was lowest for the variable of head breadth and highest for upper face height.
5. An analysis of craniofacial indices indicated mesocephaly and euryprosopy in the study subjects during the defined period.
6. The longitudinal regression analysis produced results consistent with the analysis of means and pointed to a more rapid gain in all variables in children with lower initial values.

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